

## Information Sheet for Uprima



This is a drug which acts on the brain receptors and reinforces your erections.

The tablet comes in two strengths 2mg and 3mg. The usual dose that is given is 3mg.

The tablet should be placed under the tongue. It is usually helpful to take a few sips of water before placing a tablet under the tongue. Once under the tongue, the tablet takes about 10 minutes to dissolve (any residual can be swallowed).

Uprima requires sexual stimulation to be effective. Foreplay, resulting in sexual stimulation may begin as soon as the tablet is placed under the tongue. You may go on to have intercourse as soon as the penis is firm enough. This usually takes less than 20 minutes in most cases.

You should wait for at least 8 hours before using a second tablet of Uprima.

Uprima is well tolerated. The most common side effects are nausea, yawning, dizziness and headache. The side effects are seen in less than 10 % of patients. A small number of patients (less than 0.2%) may feel faint. This appears to be more common with the first dose of Uprima. If you feel sweaty and light-headed soon after taking Uprima, then you should spit out the remaining tablet and lie down. Although interactions with other drugs are unlikely, you should always check with your doctor before starting any new medication. You should also avoid activities such as driving or other hazardous tasks for at least 2 hours after taking Uprima.